

UNLEASH THE
PEAK PERFORMER
WITHIN YOU

CHAPTER 12

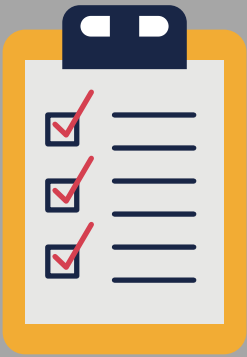
YOU²: THE POWER OF GROUP FLOW

"One source of frustration in the workplace is the frequent mismatch between what people must do and what people can do..... But, when the match is just right, the results can be glorious. This is the essence of flow."

- Daniel Pink -
Author

1

If in leadership, which 1-2 group flow triggers could you implement today?



2

Discuss group flow in your next team meeting.



3

If you are a parent, assess the Five C's of family flow and begin to implement 1 of the 5 today.



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